



First Name(s) _____ Last Name _____

Current Age _____ Date of Birth _____ Sex: Male Female

Nationality _____ Country of Birth _____

Occupation _____ Company Name/Employer _____

Address _____

YOUR TRIP

Planned departure date/city _____

Planned return date/city _____

- Business Visiting family/friends Other _____
- Holiday Volunteer

Please list in order the cities/countries you plan to visit and how long you plan to spend in each (please note any airport stopovers in other countries while en route):

City/Country	Length of Stay (circle day or week)
	Day(s)/Week(s)
	Day(s)/Week(s)
	Day(s)/Week(s)
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	Day(s)/Week(s)

Planned & Possible Activities:

- Diving/Water Activities Hiking/Trekking High altitude Volunteer work
- Farm/livestock work Camping Organised Tour Cycling
- Travel to rural/remote locations
- Medical/healthcare work

Accommodation arrangements: (tick all that apply)

- Hotels or Motels Backpackers or Hostels Rural accommodation Family or friends
- Campervan Camping Budget Private Home

YOUR HEALTH

Have you travelled to less developed countries before? Yes No

Have you ever had any health problems while you have been away/travelling? Yes No

If yes, please describe _____

Did you miss any of your childhood vaccinations? No Yes

Do you currently have a fever or infection? No Yes

Have you been in hospital, ill or injured in the last six weeks? No Yes

Are you currently undergoing or awaiting any medical investigations/specialist reviews or treatments?

No Yes

Have you had a blood transfusion or immunoglobulins in the last year?

No Yes

Have you ever fainted after a vaccination/injection or after giving blood?

No Yes

Do you have any specific health issues or concerns in relation to your trip?

No Yes

Past & Current Health History (Tick those that apply and where possible specify, please include any surgical procedures)

Do you have any of the following:

Heart conditions (e.g. Heart disease/heart attack, angina stents, atrial fibrillation,irregular heart beat)

Yes No

If yes, please describe_____

Lung/Respiratory conditions (e.g: asthma, COPD, emphysema, chest problems, bronchiectasis, and bronchitis)

Yes No

If yes, please describe_____

Skin Conditions (e.g. skin cancers, eczema, dermatitis)

Yes No

If yes, please describe_____

Depression/Mental Health conditions (e.g. anxiety, depression, panic attacks, fear of flying, schizophrenia, Alzheimer disease)

Yes No

If yes, please describe_____

Gastrointestinal conditions (e.g. reflux, stomach ulcers, bowel or gastric cancers, gallstones, pancreas problems)

Yes No

If yes, please describe_____

Musculoskeletal conditions (e.g. bone problems, back problems, joint replacement, arthritis, require walking aids/assistance)

Yes No

If yes, please describe_____

Neurological conditions/Seizure disorder (e.g. stroke, epilepsy, Parkinson Disease)

Yes No

If yes, please describe_____

Do you have any of the following:

High blood pressure Diabetes Previous blood clots Migraines

Eye Conditions HIV/AIDs Immune disorder

Other _____

Have you had your spleen removed? Yes No

Do you have or have you previously had a thymus disorder? Yes No

If you are female, are you pregnant, planning to get pregnant or currently breastfeeding?

Yes No

Do you smoke? Yes No

My current medications are (please include regular and occasional medications and include any herbal/supplements, recreational drugs or over the counter medications:

Have you previously taken any anti-malaria medications? (Please specify if possible)

No Yes _____

Did you encounter any side effects or problems with these?

No Yes

If Yes, please describe: _____

Allergies

Are you allergic to anything (These include to food, skin, antibiotics or other medications e.g sulfur-based medications penicillin, tetracyclines, neomycin, mercury/thiomersal, gelatin, iodine, eggs, latex, sticking plasters/band aids, insect bites or stings):

Previous vaccinations (please include date last given if able):

Thank you for taking the time to complete this questionnaire.